



# October 2017 Lunch Menu



| Monday  | Tuesday   | Wednesday   | Thursday  | Friday  |
|---|---|---|---|---|
| <p>2</p> <p>M-Cheesy Smoked Sausage Casserole<br/>C-Grilled Cheese<br/>V-Corn<br/>Fruit</p> | <p>3</p> <p>M-Chicken Bites<br/>C-Turkey and Cheese Wrap<br/>V-Cucumber w/ Tzatziki<br/>Fruit</p> | <p>4</p> <p>M-Broccoli Rice Casserole<br/>C-Subway Turkey Sandwich<br/>V-Sweet Peas<br/>Fruit</p>       | <p>5</p> <p>M-Chicken Sandwich<br/>C-Mac n Cheese w/Ham<br/>V-Green Beans<br/>Fruit</p> | <p>6</p> <p>M-Big Cheese Pizza<br/>C-Chicken Salad Croissant<br/>V-Tossed Salad<br/>Fruit</p>       |
| <p>9</p> <p>M-Chicken Parmesan<br/>C-Grilled Cheese<br/>V-Green Beans<br/>Fruit</p>         | <p>10</p> <p>M-Tacos<br/>C-Cheese Quesadilla<br/>V-Chuckwagon Corn<br/>Fruit</p>                  | <p>11</p> <p>M-Meatloaf<br/>C-Subway Turkey Sandwich<br/>V-Cheesy Cauliflower<br/>Fruit</p>             | <p>12</p> <p>ACSI</p>   | <p>13</p> <p>ACSI</p>   |
| <p>16</p> <p>M-Chicken Bites<br/>C-Grilled Cheese<br/>V-Baby Carrots w/ranch<br/>Fruit</p>  | <p>17</p> <p>M-Shepherd's Pie<br/>C-Hot Ham n Provolone Croissant<br/>V-Sweet Peas<br/>Fruit</p>  | <p>18</p> <p>M-Meatball Sub<br/>C-Subway Turkey Sandwich<br/>V-Broccoli<br/>Fruit</p>                   | <p>19</p> <p>M-Chicken Sandwich<br/>C-Tuna Croissant<br/>V-Squash<br/>Fruit</p>         | <p>20</p> <p>M-Big Cheese Pizza<br/>C-Chicken n Spinach Flat Bread<br/>V-Tossed Salad<br/>Fruit</p> |
| <p>23</p> <p>M-Mini Corn Dogs<br/>C-Grilled Cheese<br/>V-Cucumbers w/Ranch<br/>Fruit</p>    | <p>24</p> <p>M-Baked Spaghetti<br/>C-Veggie w/Hummus Wrap<br/>V-Corn on Cob<br/>Fruit</p>         | <p>25</p> <p>M-Bratwurst w/Peppers &amp; Onions<br/>C-Subway Turkey Sandwich<br/>V-Squash<br/>Fruit</p> | <p>26</p> <p>M-Chicken Sandwich<br/>C-Dirty Rice<br/>V-Baby Carrots<br/>Fruit</p>       | <p>27</p> <p>M-Big Cheese Pizza<br/>C-Ham and Cheese Wrap<br/>V-Tossed Salad<br/>Fruit</p>          |
| <p>30</p> <p>M-BBQ Sandwich<br/>C-Grilled Cheese<br/>V-Baked Beans<br/>Fruit</p>            | <p>31</p> <p>M-Tacos<br/>C-Cheese Quesadilla<br/>V-Corn<br/>Fruit</p>                             |                     |   |   |

- Small Salads, Chef Salads, Ham and Cheese Sandwiches and Hot Dogs served daily
- All Vegetables Steamed
- No Food Fried in Peanut Oil (Except MS & HS Chick-fil-A)
- Every Thursday MS & HS Purchase Chick-fil-A Sandwiches
- A Reserved Table is Available for Allergic/Sensitive Students